

## Cooking around the world

Thank you so much for working hard to provide our children with a fantastic learning experience. I know this will require a lot of planning. Thank you for your time.

The goal is to provide the most opportunities for all the kids to be involved and engaged in the preparation of food or the cooking process. Please see this as a guide; feel free to make changes as needed.

1. You have the option of requesting that parents contribute to the cost of materials. It is preferable to purchase the ingredients ahead of time and have parents pitch in on the day of the event. Some people have gluten allergies. Please have one recipe free of allergens. No dairy, gluten, or nuts.
2. Confirm which mother has agreed to collaborate with you in the preparation of this meal. Discuss which aspects of the meal you will each be responsible for preparing. Remember, we are all here to help.
3. Arrive 30 minutes early (no later than 8:45). Please have the cooking stations set up with all the washed produce and ingredients in the correct station, all the cooking tools that will be needed, cutting boards, etc. This should all be done by 9:15.
4. Please print two copies of each recipe so that we can better assist you on the day of the event.
5. Start with a small introduction (about 5 minutes). What country are we learning about? What dishes are we cooking? Provide general directions. Which group of students will have what responsibility? While we wait for food to cook, you can have Anna, who is teaching about the countries, plan on teaching us for about 10 minutes.
6. Since we have a large number of students, please plan on four dishes. Prep time should be no more than 20 minutes. Cook time no more than 30 min. An idea is
  - a. Young elementary: a dessert. If you double the recipes, it is a great idea to plan on two small subgroups in the same station. For example, two small groups each making a set of cookies. You plan double bowls, measuring spoons, etc.
  - b. Side dish: upper elementary.
  - c. Salad or side dish - upper elementary
  - d. Main dish: high school

Thank you so much! Our kids love this class. Especially eating the wonderful creations they make.